



Web Addresses

Air Force Personnel CTR

AFPC.randolph.af.mil

TRICARE

TRICARE.OSD.mil

Express Scripts

Express-Scripts.com

Military Officers Assoc.

MOAA.com

Dept. of Veterans Affairs

VA.gov

U.S. Army MWR

ArmyMWR.com

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The Retiree

Hurlburt Field Retiree Affairs Office Annual Newsletter

Fall 2009

MEDICARE and TRICARE For Life

TRICARE for Life (TFL) beneficiaries should always see Medicare participating providers to maximize their benefits.

In the past when a TRICARE for Life beneficiary received care from a physician who opted out of Medicare, TRICARE would become the primary payer for the claim, normally paying 75 percent of allowed charges, (the TRICARE Standard rate).

When you see a provider who doesn't take Medicare and requires you to sign a private contract, you give up Medicare pay-

ment for services that otherwise would be covered by Medicare.

TRICARE processes the claim as a second payer as long as the service is a benefit under TRICARE, and the provider is TRICARE-authorized. TRICARE pays what they would normally pay if Medicare processed the claim (20 percent of the TRICARE allowable charge). You are responsible for the remainder of the bill.

To ensure health care claims are properly paid by both Medicare and TRICARE, beneficiaries should

make sure they see a Medicare participating provider.

For a list of Medicare participating providers, beneficiaries may call 1-800-MEDICARE (1-800-633-4227) or visit www.medicare.gov/Physician/.

Please stop by the 1 Special Operations Medical Group TRICARE office to discuss this or any other health benefits information, or call at 881-5177.



The 1st Special Operations Security Forces Squadron Stands Ready to Support Retiree Appreciation Weekend

Hurlburt Field Security Forces have arranged special base entry procedures for family and friends of retirees during Retiree Appreciation Weekend. Special event passes titled "Retiree Appreciation Day" will be printed and posted at Hurlburt Field's Main Gate, East Gate and Soundside gate.

Upon entering Hurlburt Field, retirees will announce to the guard they are participating in Retiree Appreciation Weekend. The guard will then issue a special event pass to the retiree for each of his/her guests. The event pass will be good for the entire weekend. Guests will be required to stay with the retired military sponsor during their visit to Hurlburt Field. Guests will not be authorized to drive onto the installation without the retiree sponsor being present in the vehicle.

These special base access provisions apply for Retiree Appreciation Weekend only. We hope for a successful event and welcome our retired friends and guests to Hurlburt Field. Retirees with any questions may phone TSgt Anthony Hamilton at 884-6185.

Major Keith P. Williams

Commander, 1st Special Operations Security Forces Squadron



DEPARTMENT OF THE AIR FORCE
1ST SPECIAL OPERATIONS WING (AFSOC)
HURLBURT FIELD FLORIDA

JUL 23 2009

MEMORANDUM FOR HURLBURT FIELD AREA RETIREES

FROM: 1 SOW/CC
212 Lukasik Avenue, Suite 315
Hurlburt Field FL 32544

SUBJECT: Retiree Appreciation Invitation (18-20 Sep 09)

1. Retirees are an important part of Hurlburt Field and our Air Force family. In recognition of your contribution and dedication, the 1st Special Operations Wing, main exchange, commissary and Health and Wellness Center are hosting Retiree Appreciation Days on Hurlburt Field. The Retiree Affairs Office (RAO) has arranged various specials for you during this time. You are cordially invited and I sincerely hope you can take advantage of these specials.

2. The agenda includes the following:

- a. Commissary, 18-19 Sep 09, 0800-1700: case lot sale
- b. Health and Wellness Center, 18 Sep 09, 0900-1400: cholesterol checks by the clinics and Health and Wellness Center staff in the Hurlburt BX Mall. In addition, a dietician will offer tips on achieving a healthier lifestyle. A Tricare representative will also be available to answer any questions about Tricare benefits.
- c. Main exchange, 18-20 Sep 09: "Still Serving" sale in appreciation of all retirees.
- d. Golf course specials, 18-20 Sep 09: After 1000, \$25.00 includes green fees and golf cart (save \$7.00).

3. The Hurlburt Field RAO is located in bldg 90210 (Personnel Customer Service – ID cards). The RAO is open Monday-Friday, 0900-1200 and can be reached at (850)884-5443. The RAO stocks supplies, forms, and materials containing information about Tricare, Medicare, and Veteran Affairs, and has various checklists of interests to retirees and their families.

4. I hope you will take advantage of part or all these extra special days devoted specifically to you and your family in sincere appreciation of your contributions to our great nation.

A handwritten signature in black ink, appearing to read "Gregory J. Lengyel", is positioned above the printed name.

GREGORY J. LENGYEL, Colonel, USAF
Commander

Any Time...Any Place

Hurlburt Field Force Support Squadron Facilities Directory

Airman & Family Readiness Center

884-5441

Mon–Fri 7:30am–4:30pm

Arts & Crafts Center

Auto Hobby Shop: 884-6674

Tues–Thurs: 9am–8pm

Fri–Sun: 9am–4pm

Mon: Closed

Frame Shop: 884-5868

Tues–Fri 9am–4:30pm

Sat–Mon Closed

Multi-Crafts Shop: 884-6942

Tues–Fri 1–4:30pm

Sat Classes Only

Sun–Mon Closed

Plaques & Trophy Shop
884-5294

Tues–Fri 10am–4pm

Sat–Mon Closed

Wood Shop: 884-7244

Tues–Thurs 11am–7pm

Fri–Sat 9am–4:30pm

Sun–Mon Closed

Barber Shop (Commando Cuts)

581-0115

Mon–Fri 9am–5pm

Sat 10am–3pm

Sun & Holidays Closed

Bowling Center

Hurlburt Lanes: 884-6941

Mon noon–4pm

Tues, Thurs & Fri noon–8pm

Wed & Sat noon–9pm

Sun & Holidays Closed

Spare Time Grill: 884-6470

Mon 6:30am–7pm

Tues–Fri 6:30am–9pm

Sat 9am–10pm

Sun Closed

Club Facilities

The Warehouse Bistro & Pub:*
884-6469

Bistro: Mon–Fri 10:30am–3pm

Pub: Mon–Fri 3–7pm

Sat & Sun Bistro & Pub Closed**

* Formerly known as J.R. Rockers.

** Open during NFL game times

Soundside Club: 884-7507

107 Kissam St., Bldg. 90910

Mon–Sat For Special Occasions

Sun 10am–1pm (Brunch)

Velocity Subs: 884-7365

443 Cody Ave., Bldg. 90337

Mon–Fri 10:30am–2pm

Sat–Sun Closed

Commando Auditorium

884-5441

Cody Ave., Bldg. 90230

Mon–Fri As scheduled

Customer Service Facility*

884-5252

Mon–Fri 7:30am–4:30pm

* Formerly known as "MPF" ID Cards

Education Center: 884-6724

Mon–Tues 8am–4:30pm

Wed 8:30am–4:30pm

Thurs & Fri 8am–4:30pm

Fitness Centers

Aderholt Fitness Center
884-6884

Mon–Fri 5am–11:30pm

Sat–Sun & Holidays 8am–8pm

Commando Fitness Center
884-4412

Mon–Fri 6am–6pm

Sat–Sun & Holidays Closed

Riptide Fitness Center
881-5121

Mon–Fri 5:30am–8pm

Sat–Sun & Holidays Closed

Information, Tickets & Travel

Leisure Travel: 884-5699
Tickets & Tours: 884-6795

Tues–Fri 9am–3pm

Sat–Mon Closed

Library

884-6266

Mon–Thurs 9am–8pm

Fri–Sat 9am–5pm

Sun noon–5pm

Federal Holidays Closed

Lodging/TLF (Commando Inn)

884-7115

24 hours/7 days a week

Online Reservations:

www.myhurlburt.com

Outdoor Recreation

ODR, base pool and dive shop hours subject to change seasonally

Aquatic Center (Base Pool):
884-6866

Military Lap Swim

Tues–Fri 11am–1pm

Open Swim

Tues–Fri 1–6pm

Sat–Sun 10am–6pm

Beachside Rentals, FAMCamp & Marina
884-6939

Sun–Sat 8am–5pm

Dive Shop: 881-1576

RV3 off Walkup Way

Mon & Fri 5–7pm

Paintball: 884-6939

Sat 8am–4pm

Sun 10am–4pm

Reservations available upon request

Rifle & Pistol Club: 884-6939

Sat 8am–noon

Open to members 7 days a week, sunrise to sunset

Recycling Center

884-7577

Mon–Fri 9am–4:30pm

Sat 9am–noon

Additional

Hurlburt Field Facilities

Base Chapel: 884-7795

Mon–Fri 7:30am–4:30pm

Call for current worship schedule

Base Exchange (BX): 581-8225/6

Mon–Sat 9am–7pm

Sun 10am–6pm

Commissary: 881-2139

Tues, Wed & Fri 9am–6pm

Thurs 9am–7pm

Sat 8am–6pm

Sun 9am–5pm

Housing Office: 884-7505

Mon–Fri 6:45am–4:30pm

Legal Office: 884-7821

Mon–Fri 8am–4pm

Legal Assistance: 884-7821

Mon & Wed 8–10am

Hurlburt Field Clinic*
884-7882

Mon–Fri 8:30am–4:30pm

* NO Emergency Room Services

Pass & Registration: 884-5125

Mon–Fri 7:30am–4:30pm

Post Office: 884-7699

Mon–Fri 9am–4:30pm

Sat 9am–noon

Shoppette: 581-0488

24 hours/ 7 days a week

visit us at:
www.myhurlburt.com

DoD directs Access to Care rules to be implemented by Humana Military Healthcare Services (HMHS)

On 20 Feb 09, the Government mandated new rules for Prime enrollment for all beneficiaries EXCEPT Active Duty Service Members. In accordance with Access to Care (ATC) guidelines; beneficiaries must live within a 30 minute drive from their PCM's office unless they have elected to waive that standard. This article addresses actions that will occur for *existing enrollees*.

Beginning with renewals that would be effective 1 Oct 09, MTF enrolled beneficiaries that live more than 30 minutes from the MTF but less than 100 miles away, will need a signed ATC waiver to maintain their MTF enrollment.

HMHS will research all enrollments to determine if a valid ATC waiver signature is on file. If beneficiaries live more than 99 miles from an MTF, they may or may not be able to continue enrollment at the MTF

(each MTF will make this decision). Beneficiaries living outside the South Region will be DISENROLLED.

For those currently showing a P.O. Box as their residential address, it will be necessary to provide a valid address in order to determine enrollment actions needed to comply with the ATC change.

Beneficiaries enrolled to network providers living more than 30 minutes from their PCM but less than 100 miles, will be handled in the same manner as the MTF enrolled beneficiaries (they will need to sign the ATC waiver).

If the beneficiary lives more than 100 miles from their PCM, they will need to change to another PCM that is located within 100 miles of their home. Beneficiaries living outside the South Region will be DISENROLLED. For those currently

showing a P.O. Box as their residential address, it will be necessary for us to obtain a valid address in order to determine enrollment actions needed to comply with the ATC change.

HMHS began mailing letters on 20 Apr 09 describing what steps beneficiaries need to take depending on the home address. This will continue until all affected beneficiaries are contacted.

If beneficiaries wish to maintain their current PCM assignment (and the rules permit them to do so) the letter will instruct them to sign the "Access to Care Waiver" section of this form.

HMHS is also contacting beneficiaries by phone. The HMHS website contains additional information on this subject which can be found in the beneficiary section of www.humana-military.com.

AAFES renders: "A Salute to Your Service"

The Army and Air Force Exchange Service values its heroes. Each year in September we mark a special event for military retirees during their "Still Serving" campaign.

The Hurlburt Field Base Exchange is hosting their AAFES wide "Still Serving" event September 18-20.

Special fliers highlighting our in-store specials will be mailed to those people on our mailing list.

Throughout that weekend, events are planned to give a little back to our military retiree population for all they have given for their country. Watch for great shopping deals, vendor displays, corporate promotions, drawings, and community service personnel show casing programs.

Join the Buddy List or Mailing List to

receive sales fliers. Check-in regularly with your Hurlburt Field Base Exchange as more exciting details come about for this annual event!

RETIREE APPRECIATION WEEKEND EVENTS

- Health and Wellness Center
- Hurlburt Medical Clinic
- Outdoor Recreation
- Information, Tickets, and Travel
- AF Enlisted Village
- Commissary Lot Sale



New access to care rules may affect how much your health care costs come out of your pocket.

Register for on-line AAFES shopping at www.aafes.com. Take advantage the of free standard shipping offers.

Commissary Provides a World of Savings to Customers

The Hurlburt Field Commissary has case lot sales in May and September. Shoppers have a great opportunity to “pantry load” at unbeatable prices during these sales. The next case lot sale is scheduled for the weekend of 18-19 September.

From canned goods to laundry detergent to paper goods, case lot prices can save shoppers as much as 50-60 percent of regularly priced items. Routine commissary shopping saves customers an average of 30 percent off their bill compared to

commercial pricing. The savings adds up to anywhere from \$1,250 to \$2,500 depending on the number of people in a family. Hurlburt Field Commissary features 15 staffed and self checkout cash registers.

Early Bird shopping is available 30 minutes prior to opening to customers with special needs. Commissaries accept cash, checks, credit or debit cards, and Food Stamps.

Over 19,000 items are available at Hurlburt Commissary.

Specialty items from around the world are featured in the deli and international aisle. Produce, meat, deli, bakery, “Grab’nGo, and sushi bar are customer serviced based and work with your special orders. Commissaries provide name-brand goods at no-profit prices, all in a safe and secure shopping environment.

Products are sold at cost plus a 5-percent surcharge, which covers the cost of building new facilities or modernizing existing locations.

TRICARE ONLINE: Book Your Own Medical Appointments Online!

TRICARE Online is the Department of Defense Internet medical portal that provides TRICARE beneficiaries with secure, interactive, one-stop-shopping access to a host of unique and exciting services, tools and resources.

TRICARE Online allows beneficiaries to take control of their family’s health care needs.

TRICARE Online has several features to assist all military health care beneficiaries. Perhaps the most exciting feature is the ability to view and book real-time, online military treatment facility appointments if you are enrolled in TRICARE Prime. It is now also possible to refill prescriptions using TRICARE Online at 111 Military Treatment Facilities, including Hurlburt Field.

For information on how to create your own TRICARE Online account beneficiaries may visit www.tricare.mil or call the MHS Helpdesk at 1-800-600-9332. You may also visit the 1 Special Operations Medical Group TRICARE office for an enrollment brochure or call a Health Benefits Advisor at 881-5177 for additional information.

Hurlburt Field AAFES and Commissary Managers and staff value your suggestions as to how to improve their service. Don’t hesitate to voice your kudos or concerns.

Legal Services for Retirees

The Hurlburt Field Legal Office (JA) offers attorney consultation services free for any civil matter on a walk-in basis.

Hours are Mondays from 8-10 am. and on Wednesdays from 2-4 p.m. JA offers free powers-of-attorney and notary services Monday through Thursday from 8am-4pm. and Fridays 10am-4pm.

The exception for walk-in service is wills. Wills are executed by appointment only. Schedule Will appointments 850-884-7821.

Customers must complete a will worksheet prior to their appointment. Pick-up worksheets at the Legal Office, 2nd floor of Bldg. 90210 or print it from the web site at hurlburt.af.mil (select “units” at the top, then “Staff Judge Advocate” under Wing Staff Agencies section on the right side of the screen, scroll to bottom of page and select the link to “wills” with questionnaire, then print). Bring the completed worksheet to your appointment. Please bring your retired military ID card to the Legal Office.

“Retirees are an important part of Hurlburt Field and our Air Force Family.”

Col Gregory J. Lengyel, 1SOW Commander

1st Special Operations Force Support Squadron: Taking Care of Military YOU, our Military Retiree

When looking for information and programs to enhance your leisure time, the Force Support Squadron is your “one-stop shopping” resource.

“Meeting the needs and desires of our customers is our first priority,” said Neil Howard, Deputy Commander, 1 SOFSS. “Our customers, be they the youngest airman, the most senior retiree, or one of the numerous family members, continue to be our focus. We strive to maintain the highest quality of customer service for our patrons.”

Join your Air Force Club today and enjoy member benefits such as 1-2% cash back on purchases, Members First Program, TravelPlus Program, monthly Member discounts, and Football Frenzy (Food, drinks, friends and football)! Join the Football Frenzy fun at the Club and become eligible to win trips to NFL games or even the Super Bowl! Stop by the Warehouse Members Corner for details about retiree specific discounts.

Golf is popular in our area no matter one's age or status. Gator Lakes Golf Course at Hurlburt Field offers retirees green fees and golf cart for \$25 Sep. 18-20 (after 10 a.m.). Whether you're a first time golfer or ready for the pro circuit, there is a golf event designed to meet your needs.

Fitness is a key component of all life phases. Hurlburt has three fitness centers chocked full of equipment and classes for all skill levels.

Lifelong learning is always on tap at the Hurlburt Field Library. From planning trips, learning new languages, exploring the internet, to catching up with bestselling books, music and movies—the library is a wonderful personal resource.

Your outdoor activity needs can be fulfilled through Outdoor Recreation and Equipment Rental. Located on the Soundside of Hurlburt Field are the Marina, FamCamp, and Paintball

Field. The Rifle and Pistol Club, and Dive Shop are located on Hurlburt proper, with the soon to open Skeet Range and Club being located a half mile off Lewis Turner Blvd on Ranger Road.

The Auto Skills Shop, Frame Shop, and the Arts and Crafts Center offer state of the art equipment and supplies for your weekend hobby needs.

Clearly, a wide variety of activities are available for retirees living near Hurlburt Field. You may feel free to e-mail our marketing office at svsmarlin@hurlburt.af.mil or call 884- 4252 for assistance with answers about programs and services.

Details of upcoming events are published in the Marlin Monthly, the official magazine of the 1 SOFSS, conveniently located in 30 customer service and high patron traffic locations on Hurlburt and at:

www.myhurlburt.com

**United States Air Force
OFFICIAL BUSINESS**

**1SOMSG/CVR
131 Bartley Street Ste 143
Hurlburt Field, FL 32544-29253**

**Phone: 850-884-5443
E-mail: rao@hurlburt.af.mil
Web: www.retirees.af.mil**

Proudly serving those who served.